Year 9 Sports Leaders Level 1 Learning Pathway

Year 9	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Topic	**Introduction to leadership and communication**	**STEP principles: space, task and warm-up leadership**	**Skill development and equipment adaptation**	**People, group organisation and officiating**	**Sporting roles and full session planning**	**Running and evaluating a complete sports session**
Threshold concept explored	Leadership Self-awareness Communication	Organisation Adaptability Activity design	Progression Inclusion Equipment adaptation	Fairness Responsibility Decision-making	Planning Safety Role responsibility	Reflection Evaluation Leadership impact
Threshold skills explored	Identifying leadership qualities Setting personal targets Verbal and non-verbal communication	Using STEP: space and task Giving clear instructions Leading warm-ups	Teaching core and advanced skills Planning progressions Adapting equipment	Organising groups fairly Umpiring and using hand signals Managing games safely	Understanding roles: official, safety officer, manager, coach, scorer and timekeeper Completing session plans	Delivering warm-up, skill progression, game activity and plenary Using peer and teacher feedback
Building on	KS3 PE participation, teamwork and confidence in practical activities.	Communication skills and early leadership qualities from Term 1.	Warm-up leadership and the STEP principle from Term 2.	Leadership practice, task organisation and adaptive equipment work.	Communication, group organisation and officiating experience.	All previous Sports Leaders content: communication, STEP, roles and planning.
Leading to	Leading simple activities and warm-ups.	Pupil-led warm-ups and skill development tasks.	More independent leadership and adapting activities for different groups.	Sporting roles, officiating and full session planning.	Planning and delivering a complete sports session.	Sports Leaders Level 1 completion and wider leadership opportunities in PE and school sport.
How will you know how you are doing and how to improve it?	Self-assessment, target setting, reflection tasks and teacher feedback.	Peer feedback, teacher observation and reflection on warm-up leadership.	Teacher notes, peer discussion and reflection on skill-development sessions.	Observation records, umpiring feedback and reflection on control and fairness.	Session plan checks, role observation sheets and feedback on preparation.	Evaluation sheets, WWW/EBI feedback, teacher notes and final reflection against personal leadership targets.
Experiences to look out for	Leadership challenges, communication activities and identifying personal leadership targets.	Practical warm-up activities, voice projection activities and pupil-led warm-ups.	Planning and leading skill-development activities, including practical adaptations.	Organising teams, umpiring netball and using rules, sanctions and hand signals.	Trying different sport roles and planning a full session using objectives, warm-up, skill progression, game and plenary.	Delivering a full sports session and reflecting on own leadership and the leadership of others.
A link to useful resources	Sports Leaders Level 1 course materials Leadership qualities worksheet Personal targets	STEP framework Warm-up planning sheets Sentence starter prompts	Skill-session planning resources Equipment lists Evaluation prompts	Netball umpiring cards Whistles, bibs and recording sheets Safety observation sheets	Session plan templates Evaluation sheets Role description resources	Learner Evidence Record Final evaluation sheets Teacher feedback notes